



FAMILY: _____

PRACTITIONER: _____

PAGE ____ OF ____

GOAL #

DATE OF PLAN:

A. Priority/Goal B. Steps Accomplished C. Next Steps/Supports D. Timeline

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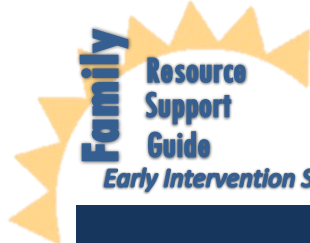
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Family Strengths and Priorities Assessment

This assessment helps us understand your family's areas of strength and identify priorities with which you would like support. After completing the 40 items, please circle the items that are the highest priority for your family at this time.

		No	Some of the Time	Yes
Economic	1. I have food for at least 2 meals a day for everyone in my family.			
	2. I have money to buy necessities.			
	3. I have money to pay monthly bills.			
	4. I have a good job for myself and/or spouse/partner.			
	5. I have dependable transportation.			
	6. I know how to make a budget and stick to it.			
	7. I am able to set money aside to save.			
	8. I am better able to meet my expenses this year than I was last year.			
	9. The amount of money I made this year is more than I made last year.			
	10. I own my own car, home, or land.			
Family & Social Capital	11. Our family spends time together.			
	12. I spend time with my spouse/partner or close friend.			
	13. I have a telephone or access to a phone.			
	14. I have high quality child care for my child(ren).			
	15. I have friends/family members who listen and care.			
	16. I participate in social/recreational/religious activities.			
	17. I have people who can pitch in and help me when I need it.			
	18. My family has strengths.			
	19. I have people who help me get things I can't get on my own.			
Health & Healthcare	20. My children are up-to-date on well-checks.			
	21. I have healthy strategies for reducing my stress.			
	22. I exercise.			
	23. I get enough sleep/rest.			
	24. My children have a medical home.			
	25. I have a medical home.			
	26. All the members of my family have a medical plan (insurance/Medicaid).			
	27. I have been in need of substance abuse treatment within the last 12 months and did not get it.			
28. I have been in need of mental health support within the last 12 months and did not get it.				
Environment & Safety	29. I have permanent, stable housing.			
	30. I have heat for my house or apartment.			
	31. My home is safe for my child(ren).			
	32. My community/neighborhood is a safe place to live.			
	33. My home is violence-free.			
Education	34. I have access to training and skills to get a job that will take care of my family.			
	35. I have a plan to improve my education.			
	36. I plan for my child to have a better education than I had.			
	37. My child is getting a good education.			
	38. I know how to advocate for my child's educational needs.			
	39. My child gets the help he/she needs to make the most of his/her education (e.g., special equipment, extra time, therapy, etc.).			
	40. What we do at home helps prepare my child for school.			

Adapted from: Dunst, C. J., & Leet, H. E. (1994). Measuring the adequacy of resources in households with young children. In C. J. Dunst, C. M. Trivette & A. G. Deal (Eds.), *Supporting and strengthening families: Methods, strategies and practices* (pp. 105-114). Cambridge, MA: Brookline Books. (Reprinted from *Child: Care, Health and Development*, 1987, 13, 111-125).