



Seven Valentines You Can Give Your Child Every Day of The Week

The ways parents respond to their children can have a positive effect on their social-emotional development. Here are seven valentines you can give to your child, not just on February 14th, but every day of the week.

1. Tell your child, "I love you!"
2. Show interest in what your child is interested in seeing or doing, "I see the bird outside the window, too! Hi, little birdie!"
3. When your child is struggling say, "I will help you."
4. Show that you are listening to your child by making eye contact, using a pleasant facial expression, and responding, "I hear you."
5. Use a playful voice to engage your child, "I'm gonna give you.....KISSES!!!"
6. Rejoice in your child's successes, "You did it!"
7. Be understanding when your child makes a mistake, "Uh-oh, the milk spilled on the floor. Let's clean it up together. Help me."