

Promoting Social Communication by Inviting

Children with autism and other social communication differences may have difficulty interacting with others or engaging in certain activities. Learning often involves interacting with people and objects. Caregivers can invite their child into activities and routines in ways that support their participation.

7 strategies to invite your child to join in with family routines:

- 1. Identify familiar family routines that your child has high interest in and enjoys.
- 2. Let your child take the lead during the high interest routine. Such as bath time, watering the plants, feeding the dog.
- 3. Let your child use the materials in any way they want.
- 4. Observe what they like about the routine and keep it positive.
- 5. Keep your language simple and limit your talking.
- 6. Give your child objects or interact with them in ways they find enjoyable without expecting anything in return.
- 7. End the activity when they leave the area or when the activity is naturally over.