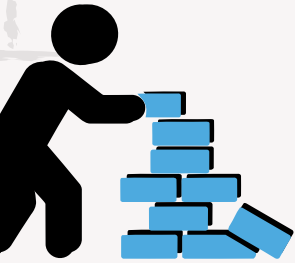




Family-Centered Intervention Series

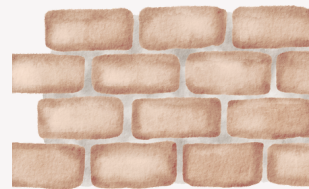
Promoting Parent Capacity-Building



When family-centered practices are implemented correctly, they can result in capacity-building outcomes for families. To improve your capacity-building outcomes, try using these family-centered strategies.

Acknowledge parents' deep knowledge of their child's needs, strengths, and routines.

Reinforce that parents' observations and input are essential in shaping effective intervention plans.

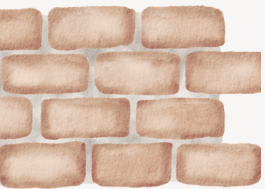


Validate parents' role as active and capable partners in the intervention process.

Emphasize that consistent practice in natural settings helps promote their child's development.

Offer modeling, coaching, and feedback in ways that are collaborative and respectful.

Encourage problem-solving and highlight the parent's role in achieving positive outcomes.



Teach strategies that can be integrated into daily activities like mealtime, play, or bath time.

Provide tools and guidance that strengthen the family's ability to make informed choices.

Help families set realistic, meaningful goals based on their priorities and family culture.

Celebrate progress and milestones, no matter how small, to reinforce parents' sense of competence.

Encourage reflection and adjustment as parents' confidence and understanding grow.



Family, Infant and Preschool Program
of the
J. Iverson Riddle Developmental Center

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