



# Ensure provider F I D E L I T Y to Coaching Practices

CAREGIVER COACHING IS MORE THAN JUST ASKING QUESTIONS. EVIDENCE-BASED CAREGIVER COACHING INVOLVES THE USE OF 5 PRACTITIONER BEHAVIORS. USE THIS CHECKLIST TO SEE IF YOU ALIGN WITH EVIDENCE-BASED CAREGIVER COACHING.



THE PRACTITIONER HELPS THE CAREGIVER IDENTIFY WHICH OF THEIR TYPICAL ACTIVITIES OR ROUTINES THEY WANT TO FOCUS ON DURING INTERVENTION VISITS TO PROMOTE CHILD PARTICIPATION AND LEARNING.



THE PRACTITIONER USES REFLECTIVE QUESTIONS BEFORE, DURING, AND AFTER A FOCUS ACTIVITY TO HELP THE CAREGIVER CONSIDER WHAT IS WORKING TO SUPPORT THE CHILD, WHAT COULD WORK, AND WHAT THE CHILD IS LEARNING.



THE PRACTITIONER PROVIDES INFORMATION AND IDEAS BASED ON THE CAREGIVER'S REFLECTIONS AND CAPABILITIES. SOMETIMES THIS CAN MEAN MODELING A STRATEGY FOR THE CAREGIVER TO TRY.



THE PRACTITIONER GIVES AMPLE TIME FOR THE CAREGIVER TO PRACTICE KEY STRATEGIES WITH THE CHILD WHILE OBSERVING AND REINFORCING THE CAREGIVER'S STRENGTHS.



THE PRACTITIONER PROMPTS THE CAREGIVER TO PLAN WHAT THEY WILL PRACTICE BETWEEN VISITS. THE PRACTITIONER ALWAYS FOLLOWS UP AT THE NEXT VISIT.



Family, Infant and Preschool Program  
of the  
J. Iverson Riddle Developmental Center

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