



Frequency Of Early Intervention Visits

Dosage:

The frequency of early intervention visits (a.k.a. dosage) is based on the individualized amount of support the child's caregivers need in order to promote the child's participation in their typical activities. Child participation in everyday activities provides the practice opportunities necessary for learning new skills. Frequency should not be the same for all families in the program (i.e. all families receive one visit per week or month).

Varies:

Frequency of visits may vary from visit to visit based on the family's or classroom schedule (if the child is in child care) and the amount of time the caregiver needs to practice new skills to support the child's participation in activities between visits. Some caregivers may need a burst of more frequent support depending on their or the child's needs at the time.

When Needed:

When visits are scheduled too far apart (i.e., monthly), caregivers may forget to continue to use a strategy or stop using it if they perceive it does not work, then time passes with the child not receiving needed supports. Conversely, child progress may occur faster than expected, so if scheduled too far apart, the following visit would likely be used by the practitioner to check-in and catch-up rather than dig-in to a targeted activity setting, learning opportunity, or caregiver responsive strategy.

Document:

Document frequency on the Individualized Family Service Plan (IFSP) service delivery summary by indicating the number of projected visits within a specific time period. For example, 15 visits

within the next 3 months or 30 visits prior to June 30, 2023 (6 months). States/programs with systems that require frequency to be listed by the month could be written as 5 visits per month between (start/end dates) for example.