



Flow of an Early Intervention Coaching Conversation

In early intervention, coaching conversations are used to support caregivers with helping their child participate in daily routines during and between visits. Over time, families internalize the predictable flow of a supportive coaching interaction and use it to make deliberate decisions between visits. Customize the amount of practice, reflection, and feedback each family receives during the visit to build the family's confidence and skills to meet their priorities.

Prompt the coachee to...

UNDERSTAND THE ISSUE

- Tell me more about what's happening.
- What do you want it to look like?
- What have you done so far?
- What do you know about...?

ANALYZE WHY THE ISSUE IS HAPPENING

- Why do you think that's happening?
- How does that match what you want?
- What do you think could change?

Add feedback as needed.

BRAINSTORM ALTERNATIVE IDEAS

- What ideas do you have?
- How you could to change what your doing?
- What else could you do?

Add feedback as needed.

ANALYZE THE IDEAS

- What are the pros/cons of those ideas?
- How will that work for your child?
- What would that strategy look like?
- How would you like to try it now?
- How did it work?

Add feedback as needed.

DEVELOP AN ACTION PLAN

- Based on this conversation, what do you think you want to try?
- What will your first step be?
- What will you do if your initial idea doesn't work?
- How will you measure success?

