



First Pages

Mealtimes

Everyday routines are perfect for learning language and literacy. Caregivers hold the key to turning typical activities into magical learning moments for the young children in their lives.

Try these responsive strategies to support language and literacy during mealtimes:

Make predictions

What will our cookies taste like?

Be playful

Oh, no! We forgot to stir the batter! It is still lumpy.

Ask simple questions

Where are the eggs?

Make verbal references

This says, Frosted Flakes.

Make comments

The oven is very hot.

Make silly rhymes

doodle–noodle cheese–please bread–head

Follow the child's lead

I see you reaching. It looks like you want to pour the milk..

Point to important words

This word says, milk.

Notice sounds in words

mmmmilk, what else has that sound? mmmmoooo, mmmmmama, mmmmmuffin.

Talk about reading conventions

We start reading the recipe here at the top of the card.