

# What is Early Intervention?



## What Early Intervention *IS*

- Help for any family with a child under the age of three who has a disability or developmental delay.
- Regular visits in your home to help your child participate in your family's activities.
- Visits from a therapist, nurse, or educator to teach you special strategies to help your child.
- Help that focuses on your priorities and goals for your child.
- Developmental information and monitoring to make sure your child is learning.
- Team-based approach that gives you access to any specialist you need to understand how to support your child between visits.

## What It's *NOT*

- It's not about labeling your child.
- It's not something done to your child while you watch or wait.
- It's not homework or practice drills.

## Why Early Intervention Helps

- Your child's body and brain grows fastest before age 3, so earlier is better.
- EI services help you learn and practice strategies that work for your child.
- YOU know your child best—and EI helps you feel confident caring for them.



## What To Do

- Trust your gut. You don't need to wait.
- Get the help you need and deserve.
- Call your state's EI program, no doctor's referral needed.

