

Early Intervention Providers'

Principles of High-Quality &

Evidence-Based Services

How well do you adhere to the evidence-based early intervention practices recommended by professional associations and national standards?

References:

- DEC Recommended Practices (DEC RP)
- EI/ECSE Standards
- Mission and Key Principles for Providing Early Intervention Services
- 1. Learning Happens in Everyday Moments
 - Support caregivers to use on their existing belongings and routines.
 - Help families turn their daily activities into learning opportunities.
- 2. Every Family Is Capable
 - Identify family's strengths and get curious about them.
 - Support parents to build their self-efficacy by accessing community resources (books, transportation, etc.) themselves.
- 3. Providers Support Adults Who Support The Child
 - Build trust and partnership with caregivers that avoids dependency.
 - Focus the visit on the parent-child interaction and coach from the sidelines.
- 4. Flex with Families
 - Adapt your schedule and treatment to family routines, beliefs, and changes.
 - Visit during naturally occurring family activities and routines (meals, bedtime).
- 5. Make Goals Meaningful to Families
 - Focus on helping families make routines easier (bedtime, meals, etc.).

- Listen to families define their goals and success, instead of developmental norms and tests.
- 6. Team Around One Trusted Provider
 - Consolidate visits to one leading primary provider.
 - Consult with other expert providers behind the scene.
- 7. Base What You Do on Evidence and Values
 - Stay updated on new evidence and approaches.
 - Reflect on, accept, and acknowledge your own values and biases.