



Family-Centered Intervention Series

Cultural Responsiveness

Being culturally responsive to the families you support is one way to ensure your help is meeting the unique needs of every family. To improve your cultural responsiveness, try using these family-centered strategies.

- Acknowledge and honor the family's culture, traditions, and values as central to intervention planning.
- Use open-ended questions to learn about the family's child-rearing practices, roles, and expectations.
- Encourage family input and empower them to set goals that reflect their cultural values and priorities.
- Integrate the family's culture and routines into intervention activities.
- Use interpreters or cultural liaisons when necessary to ensure clear, respectful communication.
- Recognize the diversity of family structures and caregiving roles.
- Be aware of nonverbal cues, communication styles, and language preferences.
- Provide materials and resources in the family's preferred language and at an accessible literacy level.
- Choose assessment tools and strategies that are validated for diverse populations or adapt them as needed.