

Coaching Modeling

Coaching is an interaction style early intervention practitioners use to build the capacity of caregivers to support child learning as part of their typical daily activities. Modeling is a technique used by a coach to demonstrate for a caregiver how to use a specific responsive strategy within the context of a family or classroom activity while the caregiver observes.

When to Model

- Caregiver asks you to show how to use a specific strategy.
- Caregiver is a visual learner and could benefit from seeing the coach demonstrate the strategy.
- Caregiver is becoming frustrated and the caregiver and/or child could disengage.
- Child is becoming frustrated to the point of losing the learning opportunies.

Modeling Guidelines

- Ask permission before you show. Some caregivers may be offended if you appear to take over the activity. Ask, "Could I try something?"
- Use intentional modeling to ensure the caregiver knows specifically what you are doing and why.
- Model only for short periods of time, so the caregiver stays engaged.
- Ensure what you model can be done by the caregiver when you are not there.
- Consider how your success with the child could negatively impact the caregiver's confidence.

Seven Steps for Intentional Modeling

1. Explain what will be modeled and why.

- 2. Give the caregiver something specific to observe.
- 3. Demonstrate the strategy in the activity with the child.
- 4. Prompt the caregiver to reflect on what you demonstrated.
- 5. Invite the caregiver to try the strategy in the activity with the child.
- 6. Prompt the caregiver to reflect on their practice opportunity.
- 7. Help the caregiver plan when/how to use the strategy when you are not present.