



# Coaching

## Joint Planning At The End Of A Visit

Joint planning is one of the research-based characteristics of coaching that helps ensure caregivers have a plan for what to do between visits and at the next visit to promote child participation in commonly occurring family or classroom activities to develop needed skills. Joint planning occurs at four points during the coaching conversation with the caregiver. The two points that occur at the end of the visit are:

New between-visit plan possible questions to ask include:

- What did you learn today about helping your child participate in (insert planned activity setting)?
- Based on what we did today, what activity setting do you want to be your focus between now and the next time I see you?
- What are you going to do to help (child's name) learn or be more a part of that activity?
- In what other activities might you try that?

At the end of the visit, the coach and caregiver summarize the visit and develop a specific plan for what the caregiver will continue to do between visits.

New next visit plan possible questions to ask include:

- How much time do you need to focus on your plan before I come back?
- Which of your everyday activities with (child's name) would it be helpful for us to focus on at our next visit? When does that activity typically occur during your day?
- What do you want (child's name) to learn during that activity?

At the end of the visit, the coach and caregiver also develop a plan for which of their daily activities will be the focus of the next visit.