



# CALLING ALL FATHERS

FATHERS, MALE ROLE MODELS, AND CAREGIVERS HAVE UNIQUE AND IMPORTANT ROLES WITH THE CHILDREN IN THEIR LIVES. ALL ADULT-CHILD INTERACTIONS, EVEN UNPLANNED ONES, CAN BENEFIT THE CHILD'S DEVELOPMENT. HOW DO YOU USE THE TIME YOU SPEND WITH YOUR CHILD TO PROMOTE THEIR LEARNING AND DEVELOPMENT?

## **BENEFITS FOR CHILDREN WHO HAVE FATHERS OR FATHER FIGURES WHO ARE ENGAGED IN THEIR DEVELOPMENT INCLUDE:**

- **BETTER SELF-REGULATION**
- **FEWER CHALLENGING BEHAVIORS**
- **BETTER ACADEMIC SKILLS**
- **LONGER ATTENTION SPANS**

- Think of fun new ways to use your child's interests across routines.
- Carve out special time for your child to use materials with your supervision that they don't always have access to.
- Let your child know that you see their interests or concerns the same way they do.
- Take extra time to help your child figure something out.
- Listen until your child is finished telling you things.
- Let your child know when they have been successful.

**FATHERS CAN HAVE A BIG IMPACT ON THEIR CHILDREN NO MATTER THE ROUTINE. TRY OUT SOME OF THESE STRATEGIES TO PROMOTE LEARNING AND PARTICIPATION ACROSS MEANINGFUL ROUTINES FOR YOU AND YOUR CHILD!**



Family, Infant and Preschool Program  
of the  
J. Iverson Riddle Developmental Center

© 2023 Family, Infant and Preschool Program. All rights reserved. [www.FIPP.org](http://www.FIPP.org)



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES