



An Early Intervention Guide To Tele-Intervention

Use these 10 helpful tips as you continue to follow the three parts of an effective EI visit in a tele-intervention format:

1. Revisit the previous plan.
2. Engage in the planned daily activity.
3. Develop a new two-part joint plan.

Tip 1 - Engage in the planned typical routine or activity. You may need to jump right in to the activity as soon as you get online and then revisit the previous plan.

Tip 2 - Reinforce that the focus of the visit is on caregiver/child participation within the context of their typical activity rather than just a video chat with the caregiver.

Tip 3 - Be aware of delays due to internet speeds. Give more wait time than normal to account for potential lag.

Tip 4 - When you talk over a caregiver, he/she cannot hear you during a televisit. Give one another a turn to talk.

Tip 5 - Ask one question at a time, giving the caregiver time to answer.

Tip 6 - Ask the caregiver to adjust the position of the camera to allow you to see the caregiver-child interactions as needed.

Tip 7- Practice asking, “Would you be willing to show me how you do that?”

Tip 8 - Monitor the tendency to talk too much with the caregiver at one time, which takes her/his attention away from the child and activity.

Tip 9 - Laugh together. Televisits are likely new for both you and the family. You are in this together.

Tip 10 - At the end of the visit, ask the caregiver how well she/he thought the televisit went and what you both can do to make it work better next time.