



An Early Intervention Guide To Tele-Coaching

Alternative to Modeling

Role-Playing

Role-play is a great way to provide the caregiver with an opportunity to watch you use a strategy with her or for her to practice using the strategy with you prior to trying it with the child. This form of practice allows the caregiver to ask questions, reflect on how it works, or make any adjustments needed.

Prompting

Prompting is being the voice in the caregiver's ear giving an idea to try in the moment to keep the child engaged or to boost the caregiver's confidence. Remember, ask before you share to avoid being directive.

Demonstrating

When you need to show or teach the caregiver a specific strategy and you typically would have been "hands-on" with the child, consider turning the camera on yourself and demonstrating, or using a doll or household object that the caregiver would readily have available.

Reflecting

Always reflect with the caregiver after he tries a new strategy to make sure he is comfortable using it. Some questions you can ask are:

- What did you notice your child did - when you...?
- What worked well with that? Why?
- How well did this routine lend itself to naturally using this strategy?
- What other ideas do you have?