



An Early Intervention Guide To Tele-Coaching

Joint Planning

- **Revisit Previous Plan:** Begin each televisit with a discussion of what the caregiver has been practicing. You can also be creative with how caregivers use video to update you on what happens between televisits.
- **New Between Visit Plan:** In addition to a strong plan for the activity for each visit, work with caregivers to determine what daily activities they will focus on between televisits to practice new skills.
- **New Next Visit Plan:** Make sure you and the caregivers plan for your next visit by identifying a real life routine in which you and the caregiver will promote the child's participation related to the IFSP outcomes. Teleintervention is NOT the activity setting!

Observation

It can be easy to skip this step during a televisit, but it is essential! Explain to families that you still need to see and be a part of a real life activity. If you cannot see what coachees are doing or need to ask specific questions about the environment, make sure you do.

Action/Practice

Brainstorm ideas with families for creative camera positioning. As a coach, you will likely use more prompting and cuing, rather than intentional modeling, when introducing a new strategy. Be willing to watch and quietly analyze as the caregiver practices strategies within the activity. Understand that the practice occurring during your conversation may be shorter.

Reflection

The need for open-ended questions to prompt caregiver reflection does not change during a televisit! You may find yourself asking more yes/no questions trying to understand what is happening, but consider whether a question like "What reactions did you see?" could replace "Did she do it?" This is a perfect opportunity for you to help caregivers learn to analyze the situation and identify alternatives without you present.

Feedback

Unnecessary verbal feedback may be particularly jarring to a family during a televisit. Keep your feedback specific and necessary, and remember that nonverbal feedback may not transfer well to a televisit.